

Who's Who

Community Advisory Board

Dr. Ethel Ambrose (Emeritus)
Social Worker (ret.)

Mr. James Bridgforth
Claims and Servicing Manager,
Blue Cross Blue Shield of Michigan (ret.)

Ms. Precious Everett
City of Detroit Principal Medical Tech (ret.)

Ms. Jhonna McLeod
Tax Examiner, City of Detroit

Mr. Eugene Odom
American General Insurance Company (ret.)

Ms. JoAnn Smith
Medicare/Medicaid Trainer and Volunteer Coordinator,
Detroit Area Agency on Aging (ret.)

Dr. Shirley McRae
Detroit Public Schools (ret.)

Mr. Freddie Hawkins
Senior Industrial Hygienist, State of Michigan (ret.)

Attorney Adrienne Watts, JD
Elder Law,
Law Office of Adrienne C. Watts, PLC

Ms. Patricia Mullin
Realtor, Amazing Real Estate Solutions

Ms. Alice Feurtado
Human Resources Assistant, Westin Hotel (ret.)

Ms. Wilma Stringer
Division Coordinator for Development, Detroit Institute of
Arts (ret.)

Mr. Clarence Steen
Photographer

How You Can Help

A core goal of the HBEC is to encourage older African American adults to consider participating in approved research projects. In the past, researchers have been hampered by difficulties recruiting older African Americans to be involved in research projects. Research is critical to understanding why African Americans are at much higher risk of developing certain diseases and why these diseases have a greater impact on their health and longevity.

The HBEC has worked to correct this problem by creating a Participant Resource Pool or PRP. If you agree to be part of the PRP, the Center guarantees that:

- All research projects meet the highest quality Federal State and University standards
- Your information will be handled with the strictest confidence
- You will be considered for research that is of interest to you
- You have the right to decline a research project for any reason at any time

What's Next?

To learn more about our work at the HBEC and how to join our Participant Resource Pool, please call 313-664-2604 or visit the HBEC website at: www.mcuaaar.wayne.edu

HEALTHIER BLACK ELDERS CENTER



WAYNE STATE
UNIVERSITY

University of Michigan and Wayne State University's
Michigan Center for Urban African American Aging Research
(MCUAAAR): A National Institute on Aging Grant Program



HBEC

Healthier Black Elders Center



Tam Perry, PhD and Jamie Mitchell, PhD
HBEC, Community Core Co-Leaders

www.mcuaaar.wayne.edu

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Phone: 313-664-2604
www.iog.wayne.edu

Who We Are

We are educators, professionals, volunteers and advisors committed to improving the health of older African Americans in Detroit. The University of Michigan and Wayne State University provide the faculty who jointly lead the Healthier Black Elders Center initiative. Through a combination of research and education, the HBEC reaches often overlooked residents of the urban landscape to improve their health and aging. Located at the Institute of Gerontology at Wayne State, the HBEC is part of the Michigan Center for Urban African American Aging Research (MCUAAAR) and is funded by the National Institute on Aging.

How We Help Others

The HBEC is committed to research and service, and strives to improve the lives of Detroit's Black Elders by engaging them, community leaders, health professionals, researchers, and city residents through the following programs.

We help healthcare professionals assess and treat older African Americans

We share best research practices with universities, the community and healthcare providers

We train scholars to research the health of older African Americans

We Educate the Public about:

- Arthritis
- Blood Pressure
- Brain Health
- Cancer
- Caregiving
- Dementia
- Depression
- Diabetes
- Eye Health
- Falls and Balance
- Heart Disease
- Nutrition
- Pain and Palliative Care
- Prostate Cancer

And other topics relevant to successful aging

VOLUNTEERS



CAREGIVERS



SENIORS



EDUCATORS

Visit Our Website to Learn More: www.mcuaaar.wayne.edu